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# Little Flowers (Big Note, Little Note Theme Song)

By Saskia Lane

Big Note, Little Note We can't wait to watch you grow And show us everything you know

We're gonna clap [clap, clap], and stomp [stomp, stomp], and sing

We'll create new melodies
We're gonna find new rhythms that groove
Gonna find new ways to move
While we watch our little flowers bloom

We're Big Note, Little Note
From our heads [touch head] down to our toes [touch toes]
So grab a hat, and grab a coat, let's go!

We're gonna jump [jump/lift/bounce], and dance [dance pose!], and play

We'll find our own new way
To connect and soothe
Singing aahs and oohs
While we watch our little flowers bloom
While we watch our little flowers bloom
While we watch our little flowers as they bloom!

#### Music Moment

Welcome to Big Note, Little Note! Throughout this songbook, you'll find music moments with new ideas to try for each song.

For this song, follow the movements in **purple**. You can also try adding in words that are meaningful for you and your baby. For example:

"Grab a stuffy, and grab a blanket. Let's go!"

"Grab a shaker, and grab a drum. Let's go!"

"Grab some paper, and grab some crayons. Let's go!"

All of the songs in this book can be used to explore our Big Note, Little Note weekly themes. Themes that are especially fitting will be listed on each page.

## Momento Musical

iLe damos la bienvenida al cancionero Big Note, Little Note! A lo largo de este cancionero, encontrarás momentos musicales con nuevas ideas para probar en cada canción.

Para esta canción, sigue los movimientos en morado. También puede intentar agregar palabras que sean significativas para usted y su bebé. Por ejemplo:

"Grab un peluche, and grab una manta. Let's go!"

"Grab un sonajero, and grab un tamborcito. Let's go!"

"Grab una hoja de papel, and grab algunos crayones. Let's go!"

Todas las canciones de este libro se pueden usar para explorar nuestros temas semanales de Big Note, Little Note. Los temas que sean especialmente apropiados se enumerarán en cada página.

## Ba Ba Balloon

By Saskia Lane

Ba ba ba balloon

Flying overhead

Red, yellow, green, blue

Purple and orange, too

Ba ba ba balloon

Floating high above

Cars and skyscrapers

Saying hi to the neighbors [Waving to all]

Hola! Salut! Ciao!

We get caught in the trees

Uh-oh, uh-oh

Uh-oh, uh-oh

[Slowly lifting baby up, up, up]

But the wind blows us

Higher, out of the trees

Into the sky

[Briefly bring baby back down and then

up, up, up for a second time]

And oh, how it helps us

Climb up, floating fast

And we rise

[Bring baby back down to ground]

Ba ba ba balloon

Flying overhead

Red, yellow, green, blue

Purple and orange, too

Ba ba ba balloon

Sailing on a cloud [make a wave motion with one hand]

Travel the world round [bring hands together to make a

circle]

Our feet lifting off the ground

[Repeat lifting baby slowly up]

We get caught in the trees

Uh-oh, uh-oh

Uh-oh, uh-oh

[Slowly lifting baby up, up, up]

But the wind blows us

Higher, over of the trees

Into the sky

And oh, how it helps us

Climb up, floating fast

And we rise

[With each "ba ba balloon", we gently lift baby up

and downl

Ba ba ba balloon

Ba ba ba balloon

Ba ba ba balloon ... POP!

[Gently lower baby slowly down]

And we float

Down, down, down

Down, down, down

Down, down, down

Down, down, down

[Lift baby up again, and slowly lower

down for second time]

And we float

Down, down, down

Down, down, down

Down, down, down

Down, down, down, down

Until we're back on the ground

[Once child is safely back on the ground, blow a kiss to end]

## Music Moment

Follow the movement instructions in **purple** to lift your baby up and down. As they grow, you can let them lead the motions by lifting their hands to the sky or reaching down to the floor, standing up and sitting down, etc.

This song is great to use when exploring language and brain-building.

## Momento Musical

Siga las instrucciones de movimiento que se muestran en **púrpura** para mover a su bebé hacia arriba y hacia abajo. A medida que crecen, puedes dejar que lideren los movimientos levantando las manos hacia el cielo o estirándose hasta el suelo, poniéndose de pie y sentándose, etc.

Esta canción es genial para usar cuando se explora el idioma y el desarrollo del cerebro.

# **Baby Boo**

By Juana Luna

Baby is gone, baby is gone
Where are you, Baby Boo?
Maybe hiding in the clouds
Maybe shining like a star
Maybe you're hiding behind the rainbow
While the sky is blue, so ... where are you?
Peek-a-boo!

Peek-a-boo! Oo oo oo oo oo, I found you, Baby Boo Peek-a-boo! Oo oo oo oo, I found you, my Baby Boo

Baby is gone again, baby is gone
Where are you, Baby Boo?
Maybe hiding behind a tree
Maybe chasing a beautiful bee
Maybe you're floating like a balloon
While the air is cool, so ... where are you?
Peek-a-boo!

Peek-a-boo! Oo oo oo oo oo, I found you, Baby Boo Peek-a-boo! Oo oo oo oo oo, I found you, my Baby Boo

Baby is gone again, baby is gone
Where are you, Baby Boo?
Maybe hiding within the fog
Maybe jumping like a frog
Maybe you're feeling the cold night dew
And the lovely moon, so ... where are you?
Peek-a-boo!

Peek-a-boo! Oo oo oo oo oo, I found you, Baby Boo Peek-a-boo! Oo oo oo oo oo, I found you, my Baby Boo My Baby Boo, my Baby Boo Peek-a-boo!

## Music Moment

Peek-a-boo is a classic game to play with little ones as they develop object permanence. As you play, babies are also learning how to have a back-and-forth conversation with you—also known as serve-and-return interactions.

This song is great to use when exploring movement, play, connection, brain-building, and rhythm.

## Momento Musical

Peek-a-boo es un juego clásico para jugar con los más pequeños a medida que desarrollan la permanencia de los objetos. A medida que juegas, los bebés también aprenden a tener una conversación de ida y vuelta contigo, también conocida como interacciones de servir y devolver.

Esta canción es ideal para usar cuando se explora el movimiento, los juegos, la conexión, el desarrollo del cerebro, y el ritmo.



## Círculos

By Juana Luna

Círculos, círculos hace mi bicicleta Círculos, círculos con mis piernas Círculos, círculos, como la luna y el sol Círculos, círculos, luna y sol, sol, sol

Abro los brazos y los cierro Unas cosquillas en los pies Ahora viene el viento, Ahora preparo a mi bebé Para un ... iGiro!

Círculos, círculos hace mi bicicleta Círculos, círculos como los planetas Círculos, círculos, como la luna y el sol Círculos, círculos, luna y sol, sol, sol

Voy para arriba y para abajo unos besitos en los pies [blow kisses] cae la lluvia desde el cielo [whoosh!] y la bocina del bebé hace ... iPip, pip! iPip, pip!

Círculos, círculos hace mi bicicleta Círculos, círculos como las galletas Círculos, círculos, como la luna y el sol Círculos, círculos, luna y sol, sol, sol

Ahora los círculos van muy lento inflo las ruedas con los pies [blow] acomodo mi cuerpo y los vecinos dicen: iBuenos días! iBuenos días, vecinos!

Círculos, círculos hace mi bicicleta Círculos, círculos con mis piernas Círculos, círculos, como la luna y el sol Círculos, círculos, luna y sol

Luna y sol, sol, sol Luna y sol



Lay your baby down for the chorus. Hold their feet and bicycle their legs. You can try different speeds (singing faster or slower) depending on what feels comfortable for your baby.

These movements support the development of baby's leg muscles and can also benefit the baby's digestion!

This song is great to use when exploring movement, play, soothing, language, brain-building, and rhythm.

## 🜓 Momento Musical 🜓

Acueste a su bebé para el coro. Sostenga los pies de su bebé y, luego, muévale las piernas como si estuviera pedaleando. Puede probar diferentes velocidades (cantar más rápido o más lento) dependiendo de lo que le resulte cómodo a su bebé.

Estos movimientos favorecen el desarrollo de los músculos de las piernas del bebé y también pueden beneficiar la digestión del bebé.

Esta canción es ideal para usar cuando se explora el movimiento, los juegos, la calma, el idioma, el desarrollo del cerebro, y el ritmo.



# Round, Round

By Juana Luna

Round, round, round, round Goes my bicycle Round, round, round, round Bicycle Round, round, round, round Like the moon and the sun Round, round, round, round Moon and sun, sun, sun

Open your arms and shut them
Now the wind blows on your face
Get some tickles on your toes
Now we get ready to ring the bell ...
Ding, ding! Ding, ding!

Round, round, round, round Goes my bicycle Round, round, round, round Bicycle Round, round, round, round Like the cookies and the sun Round, round, round, round Moon and sun, sun, sun

Now we go up and now we go down Get some kisses on your feet [blow kisses] Now the rain falls from the sky [whoosh!] And we get ready to freeze And ... freeze!

Round, round, round, round Goes my bicycle Round, round, round, round Bicycle Round, round, round, round Like the planets and the sun Round, round, round, round Moon and sun, sun, sun Now the circles go very slow
The tires need air, they are so low [blow]
Balance the body to-and-fro
And look! The neighbors are saying hello!
Hello neighbors! Hello!

Round, round, round, round Goes my bicycle Round, round, round, round Bicycle Round, round, round, round Like the planets and the sun Round, round, round, round Moon and sun, sun, sun Moon and sun, sun, sun

## Music Moment

What other circular things do you know that go round and round? Try swapping in your own words, like this:

Round, round, round, round Like the **bubbles** and the sun Round, round, round, round **Bubbles** and sun, sun, sun

(The example above might be fun to sing during bathtime, too!)

This song is great to use when exploring movement, play, soothing, language, brain-building, and rhythm.

## Momento Musical

àQué otras cosas circulares conoces que den vueltas y vueltas? Intente intercambiar con sus propias palabras, así:

Círculos, círculos Como las **burbujas** y el sol Círculos, círculos **Burbujas** y sol, sol, sol

(iEl ejemplo anterior también puede ser divertido de cantar durante la hora del baño!)

Esta canción es ideal para usar cuando se explora el movimiento, los juegos, la calma, el idioma, el desarrollo del cerebro, y el ritmo.

# **Deep Breath**

By Nasimiyu Murumba

How big, how big this baby's grown How tall, how high she reaches How big, how big this baby's grown How tall, how high she stretches

Can you touch the treetops with your fingertips? Can you pick a flower? Let's give it a sniff

Give it a deep, deep, deep breath in And then a deep, deep, deep breath out We'll take a deep, deep, deep breath in And then this time out on, "Ahh!"

How big, how big this baby's grown How tall, how high she reaches How big, how big this baby's grown How tall, how high she stretches

Can you blow a bubble? How big will it go? Here's your wand, let's give it a nice big, long blow

We'll take a deep, deep, deep breath in And then a deep, deep, deep breath out We'll take a deep, deep, deep breath in And then this time out on, "Ahh!"

## Music Moment

As you sing each line, mimic the behavior that you are singing. For example:

"Touch the treetops with your fingertips." Reach up as high as you can!

"Pick a flower, give it a sniff." Pretend to pluck the flower from the ground, and breathe in through your nose.

This song is great to use when exploring soothing and connection.

## Momento Musical

A medida que canta cada línea, imite el comportamiento que está cantando. Por ejemplo:

"Touch the treetops with your fingertips." ¡Alcanza lo más alto que puedas!

"Pick a flower, give it a sniff." Imagina arrancar la flor del suelo y respira por la nariz.

Esta canción es ideal para usar cuando se explora la calma y la conexión.



# **Everything Is**

By Juana Luna

Tip tap, tip tap

The sound of the raindrops on the window

The window

Take some time to hear the sound

Bright, bright, bright

The light of the sun

Creates a rainbow

A rainbow

Take some time to look around

Flip flap, flip flap

The birds fly above us, making circles

Making circles

Take some time to flip and flap

Now everything is all right

Around me

Around you

Around me and you

Now everything is all right

Around you

Around me

Around you and me

Sniff, sniff, sniff, sniff

The wind brings the fresh breeze from the ocean

The ocean

Breath it in [breath in] and breath it out [breath out]

Squish squish, squish squish

The clouds are fluffy and soft like cotton

Like cotton

Feel their softness with your hands

Mix, mix, mix, mix

My grandma is home baking some sweet scones

Sweet scones

Take a bite, give them a try

Now everything is all right

Around me

Around you

Around me and you

Now everything is all right

Around you

Around me

Around you and me



#### 🎝 Music Moment 🎝



Singing is a great way to connect with your baby and to soothe yourself as their parent or caregiver. Take a moment for a deep breath when you sing that everything is alright.

As you sing to your baby, slow the song down and rock them. At bedtime, try singing the song getting quieter and quieter throughout, until it's almost a whisper.

This song is great to use when exploring soothing, connection, brain-building, and rhythm.



#### 🎝 Momento Musical 🎝



Cantar es una excelente manera de conectarse con su bebé y de tranquilizarse como su padre o cuidador. Tómate un momento para respirar profundamente cuando cantes que todo está bien.

Mientras le cantas a tu bebé, baja la velocidad de la canción y mécelo. A la hora de acostarse, intente cantar la canción cada vez más bajo, hasta que sea casi un susurro.

Esta canción es ideal para usar cuando se explora la calma, la conexión, el desarrollo del cerebro, y el ritmo.

## If I Were an Animal

By Saskia Lane

If I were an animal, what would I be?
A big blue whale or a bumblebee? Oh
If I were an animal, where would I roam?
Would land or sky be my home?
If I were a bird, how would you greet me? [tweet, tweet!]
If I were a cat, could I sit upon your knee? [meow!]
If I were a monkey, would I swing up in the trees?

I'm gonna learn to fly higher than the moon I'm gonna swim deep down to the ocean ground and soon All the mysteries the world has to see, I'll hold them up close for you and me, ooh

If you were an animal, how would it feel
To run as fast as a racecar's wheel? Oh
If you were an animal, what would you choose?
Would you sprint across a field or have a bird's eye view?
If you were a lion, would you stop and say hello? [roar!]
If you were a penguin, could we play out in the snow?
[waddle, waddle!]

If you were a butterfly, would you sparkle like a rainbow?

You're gonna learn to fly higher than the moon
You're gonna swim deep down to the ocean ground and
soon

All the mysteries the world has to see, you'll hold them up close for you and me, ooh

If we were all animals, how happy would we be To make new friends in good company?

We're gonna learn to fly higher than the moon
We're gonna swim deep down to the ocean ground and soon
All the mysteries the world has to see, we'll hold them up
close for all to see
Holding them close for you and me, ooh, ooh

#### Music Moment

Follow the animal sounds in **purple**. Learning animal sounds can support a foundation for speech and language development. Experiment with this song by adding your favorite animals and making their sounds!

This song is great to use when exploring movement, play, language, and brain-building.

## Momento Musical

Siga los sonidos de los animales en **púrpura**. El aprendizaje de los sonidos de los animales puede sentar las bases para el desarrollo del habla y el lenguaje. iExperimenta con esta canción agregando tus animales favoritos y haciendo sus sonidos!

Esta canción es ideal para usar cuando se explora el movimiento, los juegos, el idioma, y el desarrollo del cerebro.



# **Ten Little Things**

By Patrick Thompson

One little heart that beats so full of love
Two little hands that I cannot hold enough
Three little winks from your blinking, twinkling eye
Four little fingers before we get to five
Six little wheels on our broken roller skates
Seven little stars in the big dipper out in space
Eight little berries that we pluck off from the vine
And now our mouths are full as we try to both say, "nine"
Nine little things, we can count them all again
And before this song is over, I bet we'll count to ten
(2x)

One, two, three, four words to say, "I love you more and more and more and more"

Five, six, seven, eight, nine, oh, what a crime,

Let's count 'em up before it gets too late

One little heart that beats so full of love
Two little hands that I cannot hold enough
Three little winks from your blinking, twinkling eye
Four little fingers before we get to five
Six little wheels on our broken roller skates
Seven little stars in that big dipper out in space
Eight little berries that we pluck off from the vine
And now our mouths are full as we try to both say, "nine"
So many things, we could count them all again
But now our song is over. It's done! And we can count to
One, two, three, four, five, six, seven, eight, nine, ten!

#### Music Moment

Counting on fingers can help baby develop fine motor skills. If you want to take things to the next level, try singing the numbers in different languages.

"Un little heart that beats so full of love,

Deux little hands that I cannot hold enough,

Trois little winks from your blinking, twinkling eye ..."

This song is great to use when exploring movement, play, soothing, connection, language, brain-building, and rhythm.

## Momento Musical

Contar con los dedos puede ayudar al bebé a desarrollar la motricidad fina. Si quieres llevar las cosas al siguiente nivel, intenta cantar los números en diferentes idiomas.

"Un little heart that beats so full of love,

Deux little hands that I cannot hold enough,

Trois little winks from your blinking, twinkling eye ..."

Esta canción es ideal para usar cuando se explora el movimiento, los juegos, la calma, la conexión, el idioma, el desarrollo del cerebro, y el ritmo.

## **Tom the Monkey**

By Horacio Martinez

Tom the Monkey loves to play and dance Watch him move, he shakes and waves his hands Swinging arms and tapping feet on beat Now we'll clap, so follow me

One, two One, two, three, one, two, three One, two, three, four, go again!

One, two One, two, three, one, two, three One, two, three, four, go!

We'll pretend that we are great rock stars Playing beats on my guitar is fun And we'll dance a lively waltz on three We are learning many beats

One, two One, two, three, one, two, three One, two, three, four, go again!

One, two One, two, three, one, two, three One, two, three, four, go!

Tom the Monkey likes to play the drums He is teaching us and having fun Listen closely and you'll hear them, too Beats are everywhere for me and you

Tom the Monkey loves to play and dance Watch him move, he shakes and waves his hands Swinging arms and tapping feet on beat Now we'll clap, so follow me

One, two One, two, three, one, two, three One, two, three, four, go again! One, two One, two, three, one, two, three One, two, three, four, go!

Tom the Monkey likes to play the drums He is teaching us and having fun Listen closely and you'll hear them, too Beats are everywhere for me and you

Beats are everywhere for me and you Beats are everywhere for me and you!

## Music Moment

Swap in your baby's name to make them the star of this song! You can sing about any activities that they enjoy.

"[Name] the Baby likes to bounce and laugh"

"[Name] likes to read and sleep"

This song is great to use when exploring movement, play, connection, brain-building, and rhythm.

## Momento Musical

iCambia el nombre de tu bebé para convertirlo en la estrella de esta canción! Puedes cantar sobre cualquier actividad que disfruten.

"[Nombre] the Baby likes to bounce and laugh"

"[Nombre] likes to read and sleep"

Esta canción es ideal para usar cuando se explora el movimiento, los juegos, la conexión, el desarrollo del cerebro, y el ritmo.

# **Upside Down**

By Nasimiyu Murumba

I know somebody who's going upside down I know somebody who's going upside down I know somebody who's going upside down And they look a little something like you

I know somebody who likes to spin around I know somebody who likes to spin around I know somebody who likes to spin around And they look a little something like you

I know somebody, I know somebody, I know somebody ticklish I know somebody, I know somebody Tickle-ickle-pickle-ickle-shmicklish!

I know somebody who's going upside down I know somebody who's going upside down I know somebody who's going upside down And they look a little something like you

I know somebody who's stomping on the ground I know somebody who's stomping on the ground I know somebody who's stomping on the ground And they look a little something like you

I know somebody, I know somebody, I know somebody wiggly I know somebody, I know somebody Wiggle-iggle-piggle-iggle-shmiggly!

I know somebody who's going upside down I know somebody who's going upside down I know somebody who's going upside down And they look a little something like you And they look a little something like you Oh, well, they look a little something like you!

## Music Moment

When your baby is little, gently rock them upside down during this song. As they get bigger, help them lead the movements by standing and touching their toes to go "upside down." Let the movements evolve as your little one grows!

This song is great to use when exploring movement, play, and brain-building.

## 🎝 Momento Musical 🎝

Si puede cargar a su bebé, mézalo suavemente boca abajo durante esta canción. A medida que crezca, fomente que él mismo protagonice los movimientos, poniéndose de pie y tocándose los dedos de los pies para ir "boca abajo." iPermita que los movimientos evolucionen a medida que su pequeño crezca!

Esta canción es ideal para usar cuando se explora el movimiento, los juegos, y el desarrollo del cerebro.

# **Sing to Your Baby**

Your baby loves to hear your voice, and the more words you sing to your baby, the better you two can bond. Research shows that singing songs will also help support your baby's brain development and language skills. Here are some ways to continue making music together:

- Take time to look into your baby's eyes and sing directly to him or her. You can do this at bedtime, at bathtime, at playtime, during family visits, and even during many kinds of daily activities, like riding the subway, doing laundry, and taking a walk.
- Singing the same song over and over can help calm your baby and provide feelings of safety.
- Sing a song you remember, or make up new words to a song you know.
- Is your baby being fussy? Singing silly songs or making silly sounds can help get your baby's attention.
- Here are some topics you can sing about to your baby:
  - · Your baby's name
  - The names of people who love your baby
  - Your baby's favorite toy
  - Dreams and wishes
  - Nature (e.g., stars, moon, animals)
  - What did you and your baby do today? What will you do tomorrow?
  - Your favorite things to do together
  - Things you love about your baby

Visit talkingisteaching.org for more resources about the benefits of talking, reading, and singing to your baby.

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## Cántele a Su Bebé

Su bebé ama oír su voz y, mientras más palabras le cante a su bebé, mejor puede ser el vínculo entre ustedes. iLas investigaciones demuestran que cantar canciones además ayuda a desarrollar el cerebro y las habilidades lingüísticas de su bebé! Estas son algunas formas de seguir haciendo música juntos:

- Tómese el tiempo para mirar los ojos de su bebé y cantarle directamente a él o ella. Puede hacer esto a la hora de acostarlo, a la hora del baño, al momento de jugar, durante las visitas familiares, o incluso durante varios tipos de actividades diarias, como tomar el metro, lavar la ropa, o dar un paseo.
- Cantar la misma canción una y otra vez puede ayudar a calmar a su bebé y hacer que se sienta seguro.
- Cante una canción que recuerde o invente nuevas palabras para una canción que conozca.
- ¿Su bebé está siendo quisquilloso? Cantar canciones graciosas o hacer sonidos graciosos puede ayudar a llamar la atención de su bebé.
- Estos son algunos temas sobre los que usted le puede cantar a su bebé:
  - El nombre de su bebé
  - Los nombres de las personas que aman a su bebé
  - El juguete favorito de su bebé
  - Sueños y deseos
  - Naturaleza (p. ej., las estrellas, la luna, los animales)
  - ¿Qué hicieron su bebé y usted hoy? ¿Qué harán mañana?
  - Sus actividades favoritas para hacer juntos
  - · Las cosas que ama de su bebé

Visite la página web **talkingisteaching.org** para obtener más recursos sobre los beneficios de hablar, leer, y cantar a su bebé.

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# What's Next after Big Note, Little Note?

- Keep singing with your little one! You can always come back to this book, and you can even try writing more of your own songs. See how you and your child can continue to have Music Moments of connection and play after these 10 weeks conclude!
- Find more songs you can listen to, create, and sing together at carnegiehall.org/families.
- Join us for future family events at Carnegie Hall! Visit carnegiehall.org/FamilyEvents for more information.

# ¿Qué Sigue después de Big Note, Little Note?

- iSigue cantando con tu peque! Siempre puedes volver a este libro, e incluso puedes intentar escribir más de tus propias canciones. iVea cómo usted y su hijo pueden continuar teniendo Momentos Musicales de conexión y juego después de que concluyan estas 10 semanas!
- Encuentra más canciones que pueden escuchar, crear y cantar juntos en carnegiehall.org/families.
- iÚnase a nosotros para futuros eventos familiares en el Carnegie Hall! Visite carnegiehall.org/FamilyEvents para obtener más información.

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